



lotus sojourns

Connect. Explore. Transform.

Guatemala Sojourn

Mothers & Daughters



July 21-26, 2020



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Trip Highlights!

- ✿ Explore the beautiful city of Antigua.
- ✿ Visit the Butterfly Garden while exploring Atitlan Natural Reserve.
- ✿ Connect with local children and make new friends.
- ✿ Visit a local farm to learn about what they produce and enjoy farm fresh local cuisine.
- ✿ Learn how to make your own bracelet with local artisans.
- ✿ Participate in and chocolate making workshop and craft your own treats.
- ✿ Sleep in an Airstream trailer in "el cielo" and enjoy breathtaking views.
- ✿ Daily gatherings to discuss our intentions and our experiences to enhance the transformational power of your Sojourn.



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A Quick Overview of the Itinerary . . .

Day 1: Arrive in Guatemala City & transfer to Antigua

Day 2: Visit Wakami Center & enjoy lunch with the artisans

Day 3: Enjoy a day at Atitlan Natural Reserve

Day 4: Connect with local students & explore on your own

Day 5: Learn to make your own bracelet & visit chocolate museum

Day 6: Breakfast in Antigua & transfer to Guatemala City

Trip Pricing . . .

Six Day Itinerary: \$2800 Mother, \$2200 Daughter

Single Room Upgrade: \$300

Inquire about friends and family/early bird and companion booking discounts available until April 1, 2020.



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Sophia and I are really looking forward to traveling with you this spring and sharing our love of exploring new cultures and having fun adventures!

We cannot wait to travel with friends old and new to Guatemala and learn from the mothers and daughters we will be meeting there. Sophia is very excited to learn how to make her own bracelet and looking forward to attending the chocolate workshop. She also has a few questions for the Wakami jewelry artisans that she is excited to be able to ask in person.

I am looking forward to the one-on-one time spent with her and having the opportunity to see her exploring the world. I know her heart and mind will be opened by this experience!

If you want to learn more about the artisan cooperative we will be visiting with, you can find them online at www.wakamiglobal.com.



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<i>Day 1</i>	Arrive in Guatemala City
Tuesday, July 21	Arrive on your inbound flight to Guatemala City - La Aurora International Airport. Group lunch and transfer from airport to Antigua. Welcome gathering and dinner.
Accommodations	Hotel Eterna Primavera
Meals Included (L, D)	Lunch in Guatemala City. Welcome Dinner at Welten.



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<i>Day 2</i>	Patulul & Tolimán
Wednesday, July 22	<p>We start our Sojourn with a visit to a local artisan group in Patulul where we will participate in their beautiful Dream Circle.</p> <p>In the afternoon we will transfer from Patulul to Hotel Tolimán.</p>
Accommodations	Hotel Tolimán
Meals Included (B, L, D)	Breakfast at Hotel Eterna Primavera. Lunch at Patulul. Dinner at Hotel Tolimán.



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<i>Day 3</i>	Atitlan Natural Reserve & Rincon Suizo Farm
Thursday, July 23	<p>After a morning excursion exploring Atitlan Natural Reserve we'll enjoy a boat trip across Lake Atitlan to Panajachel.</p> <p>In the afternoon we'll learn about local agriculture at Rincon Suizo Farm before we transfer to Antigua.</p> <p>We'll enjoy a night sleeping in "el cielo" in unique airstream trailers and cabins and gather to enjoy the views!</p>
Accommodations	Santo Cielo by Casa Santo Domingo
Meals Included (B, L, D)	Breakfast at Hotel Tolimán. Lunch at the farm if time allows. Dinner at Epicure.



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Day 4	School Visit & Explore Antigua
Friday, July 24	<p>This morning we will visit a private school and the children can connect with one another through activities and translations and share a lunch together.</p> <p>You will have the afternoon and evening free to explore and dine with members of the group or on your own. You may wish to enjoy the luxurious spa at Casa Santo Domingo or visit one of the museums on the hotel property.</p>
Accommodations	Santo Cielo by Casa Santo Domingo
Meals Included (B, L)	Breakfast at Santo Cielo. Lunch in Antigua. *Dinner on your own.



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Day 5	Antigua
Saturday, July 25	<p>We'll spend our morning in Antigua visiting a fair trade artisan group and the women will teach us how to make our own bracelets.</p> <p>After lunch we'll visit a chocolate museum where you'll learn about the chocolate prices and it's origin and then have the opportunity to craft our own chocolate.</p> <p>In the evening we'll enjoy our farewell dinner and have a closing gathering to celebrate all that we experienced and learned during our Sojourn.</p>
Accommodations	Casa Santo Domingo
Meals Included (B, L, D)	Breakfast at Santo Cielo. Lunch at Osteria DiFrancesco. Dinner at Casa Santo Domingo.



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Day 6	Transfer and Departure from Guatemala City
Sunday, July 26	Transfer from Antigua to International Airport in Guatemala City.
PLEASE NOTE:	Lotus Sojourns will attempt to follow this itinerary; however, certain conditions may require changes. Lotus Sojourns reserves the right to make necessary changes based on these conditions (political, environmental , or cultural).
Meals Included (B)	Breakfast at Casa Santo Domingo.



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Need to Know

What's Included...

INCLUDED:

- All transformational exercises facilitated by Lotus Sojourns Founder
- Accommodations based on double occupancy
- All meals as listed in the itinerary
- All ground transportation
- Entrance fees
- English-speaking guides throughout the trip
- Tips for luggage porters and waiters

NOT INCLUDED:

- International airfare
- Domestic airfare
- Trip Insurance
- Meals not specified in the itinerary
- Alcoholic beverages
- Fees for passport or immunizations
- Cost of hospitalization, emergency transportation, or evacuation
- Items of a personal nature
- Gratuities for guides and staff



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